

Lunch Menu

Main Street School

January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6
SCHOOL CLOSED HAPPY	Waffle Chicken Sausage Syrup Or Breaded Chicken Sandwich	Baked Potato with Vegetarian Chili Corn Muffin Or Hot Dog on Wheat Bun	Chicken Tender Brown Rice Or Beef Quesadilla	Fresh Baked Cheese or Pepperoni Pizza (P) Or Beef Burger on Wheat Bun
NEWYEAR	Mexicali Corn Red Peppers	Green Beans Celery Stick	Roasted Broccoli Garbanzo Beans	Pinto Campfire Beans Cole Slaw Salad
9	10	11	12	13
BBQ Chicken Mac and Cheese Biscuit or Beef Hamburger on Wheat Bun	French Toast Chicken Sausage Syrup or Grilled Cheese Panini	Diced Chicken Bowl with Cauliflower & French Fries Or Hot Dog on Wheat Bun	Fish Tacos Brown Rice Or Breaded Chicken Sandwich on Wheat Bread	Fresh Baked Cheese or Pepperoni Pizza (P) Or Beef Cheeseburger on Wheat Bun
Baked Beans Fresh Tomato Wedges	Tater Tots Fresh Broccoli	Roasted Carrots Celery Sticks	Steamed Broccoli Baked Sweet Potato	Fresh Sliced Cucumbers Cole Slaw Salad
16	17	18	19	20
Martin Luther King Jr. Day LANE ADREAM SCHOOL CLOSED	Chicken Lo Mein Or Hot Dog on Wheat Bun Pinto Campfire Beans Red Peppers Strips	Chicken Tacos Topped with Cheddar Cheese Or Beef Cheeseburger on Wheat Bun Fresh Roasted Carrots Fresh Zucchini	French Toast Sticks Chicken Sausage Syrup Or Chicken Patty on Wheat Bun Roasted Mix Vegetables Celery Stick	Fresh Baked Cheese or Pepperoni Pizza (P) Or Grilled Chicken Sandwich Steamed Fresh Kale Baby Carrots
23	24	25	26	27
Chicken Nuggets Biscuit Or Hot Dog on Wheat Bun Steamed Broccoli Garbanzo Beans	Beef Meatballs With Spaghetti and Marinara Sauce Or Grilled Cheese On Wheat Flat Bread Roasted Cauliflower Red Peppers Strips	Beef Tacos Brown Rice Or Chicken Tender Breadstick Fresh Steamed Zucchini	French Toast Chicken Sausage Syrup Or Beef Cheeseburger on Wheat Bun Sweet Potato Fries Celery Sticks	Fresh Baked Cheese or Pepperoni Pizza (P) Or Breaded Chicken Sandwich Side Garden Salad (Romaine Lettuce, Cucumber, Tomatoes) Tomato Wedges
30	31			
Breaded Baked Fish Bites Macaroni and Cheese Or Chicken Patty Sandwich Baked Waffle Fries Celery Sticks	Chicken and Mashed Potato Bowl Topped with Cheddar Biscuit Or Beef Hamburger on Wheat Bun Baked Beans Baby Carrots			\$3.25 Adult Lunch \$5.50 (includes tax)

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White and Bread/Grain (All grains served are whole grain) Vegetables (3/4 cup) and Fruit choices rotate daily between apples, oranges and bananas.

Available Every Day

Bagel with Cheese Stick offered as a Complete Meal, including vegetable, fruit and milk Sun Butter and Jelly on Whole Wheat Bread as a Complete Meal

<u>Click here</u> to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.

